

Lecture 34, Apr 4, 2022

Different Types of Power in AC Circuits

- Instantaneous power: $P(t) = \frac{V_m I_m}{2} \cos(\theta) + \frac{V_m I_m}{2} \cos(2\omega t - \theta)$
- Average power (aka real or active power): $P_{ave} = \frac{V_m I_m}{2} \cos(\theta_v - \theta_i)$
 - If we integrate the instantaneous power over one period, the time-variant second term cancels out, and we're left with only the first term
 - Average power is in watts
- Using phasors, if $\begin{cases} v(t) = V_m \cos(\omega t) \\ i(t) = I_m \cos(\omega t - \theta) \end{cases} \implies \begin{cases} \mathbf{V} = V_m \angle 0^\circ \\ \mathbf{I} = I_m \angle -\theta \end{cases}$, then $\frac{\mathbf{V}\mathbf{I}^*}{2} = \frac{(V_m \angle 0^\circ)(I_m \angle \theta)}{2} = \frac{V_m I_m}{2} \angle \theta$
- $P(t) = \frac{V_m I_m}{2} \cos(\theta) + \frac{V_m I_m}{2} \cos(2\omega t - \theta)$

$$= \frac{V_m I_m}{2} \cos(\theta) + \frac{V_m I_m}{2} \cos(2\omega t) \cos(\theta) + \frac{V_m I_m}{2} \sin(2\omega t) \sin(\theta)$$

$$= \frac{V_m I_m}{2} \cos(\theta) (1 + \cos(2\omega t)) + \frac{V_m I_m}{2} \sin(\theta) \sin(2\omega t)$$
- Reactive power: $Q = \frac{V_m I_m}{2} \sin(\theta)$
 - Reactive power has units of volt-amp-reactive, more commonly known as VAR
- Note that from the relation derived above for average power, we have $Q = \text{Im} \left(\frac{\mathbf{V}_m \mathbf{I}_m^*}{2} \right)$
- Instantaneous power in terms of average and reactive power: $P(t) = P_{ave}(1 + \cos(2\omega t)) + Q \sin(2\omega t)$
- Conservation holds for both active and reactive power

AC Power for R, L, and C

- For a resistor voltage and current are in phase, so $\theta_v = \theta_i \implies \theta = 0 \implies P_{ave} = \frac{V_m I_m}{2}, Q = 0$
 - For instantaneous power, we are left with only the first term: $P(t) = \frac{V_m I_m}{2} (1 + \cos(2\omega t))$
 - Plotting this gives a sinusoid with a DC offset equal to the amplitude, i.e. the value varies between 0 and $V_m I_m$
 - $P_{ave} = \text{Re} \left(\frac{\mathbf{V}\mathbf{I}^*}{2} \right) = \text{Re} \left(\frac{R|I|^2}{2} \right) = \text{Re} \left(\frac{R I_m^2}{2} \right) = \frac{1}{2} R I_m^2$
 - * This is exactly like the expression for power for DC
 - $Q = \text{Im} \left(\frac{\mathbf{V}\mathbf{I}^*}{2} \right) = 0$
- For an inductor $\theta_v - \theta_i = 90^\circ$ so we're only left with $P(t) = \frac{V_m I_m}{2} \sin(2\omega t)$
 - This is a sinusoid with no DC offset
 - * Every half-period, an inductor absorbs energy (positive power), and the next half-period it releases the same amount of energy back
 - $P_{ave} = 0$
 - $Q = \frac{V_m I_m}{2} \sin(90^\circ) = \frac{V_m I_m}{2}$
 - Alternatively $Q = \text{Im} \left(\frac{j\omega L \mathbf{I}\mathbf{I}^*}{2} \right) = \frac{1}{2} \omega L I_m^2 = \frac{1}{2} X_L I_m^2$ where X_L is the reactance
- For a capacitor $\theta = -90^\circ$ so $P(t) = -\frac{V_m I_m}{2} \sin(2\omega t)$
 - This is the same as an inductor but negated; every half-period it absorbs energy, and then in the next half-cycle it releases power back
 - $P_{ave} = 0$

$$\begin{aligned} - Q &= \frac{V_m I_m}{2} \sin(-90^\circ) = -\frac{V_m I_m}{2} \\ - \text{Alternatively } Q &= \text{Im} \left(\frac{-j \mathbf{I} \mathbf{I}^*}{\omega C} \right) = -\frac{1}{2\omega C} I_m^2 = \frac{1}{2} X_C I_m^2 \text{ where } X_C \text{ is the reactance} \end{aligned}$$